

## ARRL - 119 GHz Award

The ARRL awards the 119 GHz Award to amateurs who submit confirmations for contacts with 5 or more Maidenhead grid squares. The following listing of the VUCC membership contains the call signs and totals as recorded at ARRL HQ today (07 May 2026). Awards are NOT activated automatically; participants must apply to have the 119 GHz Award activated when the qualifying number of credits is obtained.

See the [ARRL VUCC page](#) for details.